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&  
ASSOCIATES

**Assessment for Hereditary and Familial Cancer Risks**

Patient Identifier: \_\_\_\_\_

Today's Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

I estimate that my lifetime risk for breast cancer is (circle):      Below average                  Average                  Above average

This is a screening tool for cancer that runs in families. Please consider the following family members when completing the form:  
 1<sup>st</sup> Degree Relatives = Parents/Siblings/Children  
 2<sup>nd</sup> Degree Relatives = Aunt/Uncle/Grandparent/Grandchild/Niece/Nephew  
 3<sup>rd</sup> Degree Relatives = Cousin/Great-Grandparent/Great-Aunt/Great-Uncle)

Have YOU or ANY OF YOUR RELATIVES been tested (BRCA/Colaris) for a Hereditary Cancer Syndrome?      YES                  NO  
 Have YOU ever been diagnosed with cancer?                                  What type:                                  Age:

| BREAST & OVARIAN CANCER<br>(HBOC/BRCA <i>Analysis</i> ) |                       |  | Self | Siblings<br>or<br>Children | Your Relationship to Family Member |                              | Age at<br>Diagnosis | Living? |
|---|-----------------------|--|------|----------------------------|------------------------------------|------------------------------|---------------------|---------|
|   |                       | Example: 2 or more relatives with breast cancer; one before age 50   |      |                            | Mother's Side                      | Father's Side                |                     |         |
| <input checked="" type="radio"/>                        | <input type="radio"/> | Example: 2 or more relatives with breast cancer; one before age 50   |      |                            |                                    | Aunt-breast<br>Sister-breast |                     |         |
| <input type="radio"/>                                   | <input type="radio"/> | Have you or any family member had <b>breast cancer before age 50?</b>  |      |                            |                                    |                              |                     |         |
| <input type="radio"/>                                   | <input type="radio"/> | Have you or any family member had <b>ovarian cancer at any age?</b>  |      |                            |                                    |                              |                     |         |
| <input type="radio"/>                                   | <input type="radio"/> | Have <b>2 relatives</b> on the same side of your family had breast cancer – <b>1 at age 50 or younger?</b>       |      |                            |                                    |                              |                     |         |
| <input type="radio"/>                                   | <input type="radio"/> | Have <b>3 relatives</b> on the same side of your family had breast cancer at <b>any age?</b>                     |      |                            |                                    |                              |                     |         |
| <input type="radio"/>                                   | <input type="radio"/> | Have you or someone in your family had <b>triple negative</b> breast cancer?                                     |      |                            |                                    |                              |                     |         |
| <input type="radio"/>                                   | <input type="radio"/> | Has any <b>male</b> in your family had breast cancer at <b>any age?</b>  |      |                            |                                    |                              |                     |         |
| <input type="radio"/>                                   | <input type="radio"/> | Are you of <b>Ashkenazi Jewish ancestry</b> with <b>family history of</b> breast, ovarian, or pancreatic cancer? |      |                            |                                    |                              |                     |         |
| <input type="radio"/>                                   | <input type="radio"/> | Do you have a family member with a known <b>BRCA mutation?</b>   |      |                            |                                    |                              |                     |         |
| COLON & UTERINE CANCER (Lynch Syndrome*/Colaris)        |                       |  | Self | Siblings<br>or<br>Children | Your Relationship to Family Member |                              | Age at<br>Diagnosis | Living? |
|   |                       |  |      |                            | Mother's Side                      | Father's Side                |                     |         |
| <input type="radio"/>                                   | <input type="radio"/> | Have you or any family member had colon (colorectal) or uterine (endometrial) cancer <b>before age 50?</b>       |      |                            |                                    |                              |                     |         |
| <input type="radio"/>                                   | <input type="radio"/> | Have you or any family member had <b>breast cancer before age 50?</b>  |      |                            |                                    |                              |                     |         |

|   |   |   |  |  |  |  |  |
|---|---|---|--|--|--|--|--|
| Y | N | Do you have <b>2 or more</b> relatives on the same side of the family with any of the following – <b>1 at age 50 or younger? (circle): Colon, uterine, ovarian, stomach, small bowel, brain, kidney/urinary tract, ureter, renal pelvis, pancreas</b> |  |  |  |  |  |
| Y | N | Do you have <b>3 or more</b> relatives on the same side of the family with any of the following <b>at any age? (circle): Colon, uterine, ovarian, stomach, small bowel, brain, kidney/urinary tract, ureter, renal pelvis, pancreas</b>               |  |  |  |  |  |
| Y | N | Do you have a family member with a known <b>Lynch syndrome mutation?</b>  |  |  |  |  |  |

### Lifetime Breast Cancer Risk Assessment Questionnaire

The following information will be needed to help assess your individual breast cancer risk at your follow-up appointment and may affect your individual breast surveillance and management. Please fill out as accurately as possible and bring back on your next visit.

|  |   |  |
|--|---|--|
| <b>Age:</b>  | <b>Race:</b>                                    | <b>Mother's age (if living or age at death):</b><br><i>* List age diagnosed with breast cancer too if applicable</i>               |
| <b>Height:</b>   | <b>Weight:</b>                                  | <b>Total # of sisters:</b><br><i>* List age diagnosed with breast cancer too if applicable</i>                                     |
| <b>Age at first period:</b>  | <b>Age at delivery of 1<sup>st</sup> child:</b> | <b>Ages of sisters (if living or age at death):</b><br><i>* List age diagnosed with breast cancer too if applicable</i>            |
| <b>Have you ever had a breast biopsy?</b><br>Yes (circle)    No<br><br>Benign            Atypical Hyperplasia            Cancerous   |   | <b>Paternal grandmother's age (if living or age at death):</b><br><i>* List age diagnosed with breast cancer too if applicable</i> |
| <b>Personal history of Lobular Carcinoma in Situ (LCIS)?</b><br>Yes            No  |   | <b>Maternal grandmother's age (if living or at death):</b><br><i>* List age diagnosed with breast cancer too if applicable</i>     |
| <b>Circle your breast density:</b><br><br>1. Almost entirely fatty<br>2. Scattered fibrogranular density<br>3. Heterogeneously dense<br>4. Extremely dense<br>5. Unknown   |   | <b>Total # of paternal aunts (if living or ages at death):</b><br><i>* List age diagnosed with breast cancer too if applicable</i> |
|  |   | <b>Total # of daughters (if living or ages at death):</b><br><i>* List age diagnosed with breast cancer too if applicable</i>      |
| <b>Are you: (circle)</b><br>Premenopausal<br>Perimenopausal<br>Postmenopausal  | <b>Age at menopause:</b>                        | <b>Total # of cousins with breast cancer (if living or ages at death):</b>   |
| <b>Do you use hormone replacement therapy?</b><br>(including oral, vaginal, topical, oral contraception)<br>Yes            No<br><br><b>If yes, circle one:</b><br>5 or more years ago            <5 years ago<br>Current (list how long you plan to be using) |   | <b>Total # of nieces with breast cancer (if living or ages at death):</b>  |
|  |   | <b># of 1<sup>st</sup> degree relatives with breast cancer:</b>  |
|  |   | <b>Ashkenazi Jewish Ancestry</b> Yes    No   |